



Learning through our Passion for the Arts!

Newsletter : October 2018

Dear Families of Birch Grove,

Here at BG, we implement learning through our passion for the arts!!!!

September is now behind us and October is here to bring more excitement our way! Time does fly by fast when you're having fun, and best believe we do have a ball here at BG each day! We are very appreciative towards all staff members here at BG who have made significant contributions over the summer and during our first month of school. We are excited to welcome all new staff and faculty members to BG. It is always a pleasure creating a vibrant environment for all involved with daily activities here at BG. Let's continue to remain positive through the rest of the year!

In advance, THANK YOU EVERYONE FOR BEING AWESOME!!!

As we all know, we will continue to provide all students with a number of terrific and effect learning activities here at Birch Grove in 2018-2019. We need to continue keeping up the great work with due diligence in order to maximize these opportunities for all students. Parents and Guardians, we encourage your active involvement as well. All further volunteer information can be directed to Pam Gangestad, who is our Volunteer Coordinator at BG.

Also here at BG, our teachers do share their teaching strategies continuing to look for those methods that gain the highest results in order to replicate those methods efficiently here at BG. Parents and Guardians, this is where you come in. We encourage all to be aware as well as watch for communications from our teachers and PCE (Parent Communication and Engagement Committee). We would like to encourage all parents and guardians to assist us in helping students prepare for being in school, having the correct behavior, respecting all teachers and faculty, and lastly have the best school year ever to reach their peak potential.

A consistently positive climate and good citizenship also remains a goal of ours as well. We will always be a BG C.A.R.E.S. facility. Students and adults are Cooperative, Assertive, Responsible, Empathic, and show Self-control, inside and outside of the building. We are also a PBIS (Positive Supports Behavior Interventions and Supports) School. We call these two aspects of maintaining a positive school culture BOBCAT PRIDE.

Thank you for choosing Birch Grove Elementary School for the Arts. For us to thrive as a performing arts school it will not only take you, but this staff and our district wide community to work efficiently together. Volunteer if the time is available. As always, remember your efforts continuously, big or small, will not go unnoticed with each opportunity given to better our community here at Birch Grove. Thanks!

Dr. Ronald Salazar,

Principal

Keisha Davis,

Assistant Principal



BG CARES CORNER

Here at Birch Grove, students and adults are:

Cooperative

Assertive

Responsible

Empathetic

And show Self-control

This leads to a safe, positive learning environment that increases student achievement. BG CARES!

This is our BG pledge and students and staff recite this pledge at least once a week.

Throughout the year students are also taught what each of these themes/expectations look and sound like at every location in our building through morning meeting activities/games, teaching, and re-teaching.

How Can You Incorporate BG CARES at Home?

Just as we have come up with a list of expectations that staff and students follow at school, families can create their own set of rules or expectations at home. Having a common set of expectations provides a common language and structure, which can help children and adults succeed. You can find an example online at: <http://suttongrace.blogspot.com/2010/01/chore-charts.html>

BIRCH GROVE FAMILIES!

We wanted to let you know about a service available to students and families. St. David's Center for Families and Children is partnering with Birch Grove Elementary to provide school based mental health services. We have a licensed therapist on-site named Megan Ruhland and she is able to provide mental health therapy to individuals and families. She is available during the school day to meet with students and can consult with the student's teacher to aid in students success in the classroom. She works closely with families to provide on-going support and consultation throughout the therapy process. If you are interested in receiving mental health services for your child, please talk with your child's classroom teacher and they can assist in the process.

Megan Ruhland MSW, LICSW

Mental Health Therapist/Consultant

School Linked Mental Health Services

St. David's Center for Child and Family Development

C: 952-484-4131

BG: 763-561-1374 ext. 71106

E: RuhlandM@district279.org

The Family Advocate Program Assisting Individuals & Families

The Family Advocate Program provides resources, information, and support to families living in the Northwest Hennepin Family Service Collaborative service delivery area.

Advocates assist families with basic needs, provide resources and referrals including help with:

Food/clothing/housing needs, financial help, transportation, family support, childcare assistance, medical, mental health and dental services, health

Insurance, and assistance working with Hennepin County and Social Service providers.

Families living in the Osseo Area School

District call 763-585-7378.

A project of the Northwest

Hennepin Family Services

Collaborative

2018 CALENDAR

DATES	OCTOBER
4	BG Conferences and Bookfair 4:30 pm - 8:10 pm
4	4/5 Troupes Begin
8	BG Conferences and Bookfair 4:30 pm - 8:10 pm
9	PICTURE DAY
9	2/3 Troupes Begin
12	4/5 Electives Begin
15	BG Conferences and Bookfair 4:30 pm - 8:10 pm
16	1st Grade Electives Begin
18-19	NO SCHOOL - Education MN Professional Conf. Release Day
27	Kindergarten Information Fair @ Edinbrook Elementary 10 am - 1 pm
30	BG Family Book Club Night 6:00pm to 8:00pm
DATES	NOVEMBER
6	Licensed Workshop—No School / Elections (All Day)
8	BG Family Arts Night - 6:pm - 8:pm
20	4 th gr Music Program—7:pm to 8:pm
22-23	NO SCHOOL - Thanksgiving holiday
30	NO SCHOOL - Mark Reporting Day

FROM THE DESK OF THE NURSE

When Should Students Stay Home?

When students aren't feeling well, it's important to know when they should and shouldn't attend school.

Children should stay home until they've been fever free for at least 24 hours without the use of medication. If you just broke a fever 6 to 8 hours before you're still not going to be feeling good.

Though not contagious, a persistent cough can be reason to keep children home for a day or two.

Children experiencing abdominal pain lasting more than two hours should be kept home until the cause is known.

Temperature of 100.0 degrees or more; vomiting at least twice in 24 hours; unidentifiable skin rashes; head lice until treated and red eyes if the cause is unknown.

With colds, it depends on the individual child.

If you need to give an over the counter medicine to your student before school to "get them through the day", your student should stay home.

For Further Questions Call - 763.549.2308

Email Nurse Janessa - Carter]@district279.org

ATTENTION ! BG PARENTS WITH CHILDREN WHO WILL BE NEW TO BG NEXT YEAR!

ALL STUDENTS who attend Birch Grove are required to submit their request to enroll through an application process, beginning **October 15th, 2018**.

Priority is given to siblings of BG students in the lottery,

but applications **MUST** be received by **December 31st, 2018** for the priority application deadline.

Students who currently attend Birch Grove do not need to apply each year.

Families who complete an on-line application by **December 31st, 2018** will be notified of school placement by **February 2019**.

Applications must be submitted online at: www.nws.k12.mn.us

For assistance with the application, please call the Enrollment Center at 763.585.7350



ISD 279
OSSEO AREA SCHOOLS
 UNITING COMMUNITIES OF EXCELLENCE

REMINDER

COUNSELORS CORNER

Welcome Back Families!

This is Tina Czech here and I am very excited to be back for my 10th year here at Birch Grove. As the Counselor at Birch Grove, I strive to positively affect the personal and social growth, academic success, and psychological well-being of all K-5 students through a variety of activities including :

Small Groups

Individual counseling

Consultation and collaboration with teachers, parents, and other staff

How much sleep do children need?

Each start of the new year can be busy but it is very important to remember the value of sleep and how much children need. The amount of sleep a child needs varies depending on the individual and certain factors, including the age of the child. Following are some general guidelines:

Children age 1-3	12 - 14 hours per day
Children age 3-6	10 - 12 hours per day
Children age 7-12	10 - 11 hours per day
Children age 12-18	8 - 9 hours per day

Sleep tips for School-aged Children

Establish a regular bedtime each night for your child and do not vary from it. Similarly, the wakeup time should not differ from weekday to weekend by more than 1 to 1 1/2 hours.

Create a sleep area conducive to sleep: dark, quiet, and a comfortable temperature.

Avoid big meals before bed, instead have a glass of warm milk or a small snack.

Keep televisions and computers out of sleeping areas.

Avoid caffeine up to 6 hours before bedtime.

Exercise during the day but make after dinner playtime a relaxing time being that too much activity close to bedtime can keep children awake.

Emphasize the need for regular, relaxing, and consistent bedtime routines such as giving your child a warm bath, listening to quiet music, or reading a story.

If you have any questions or want more information on sleep, feel free to contact me.

Tina Czech - School Counselor

P: 763-561-1374

E: czechc@district279.org

UPCOMING EVENTS



SCHOLASTIC BOOK FAIRS'
**MONSTER
BOOK FAIR**
READING IS SO MUCH FUN,
YOU'LL GET GOOSEBUMPS!

Dear Parents and Families,

A Scholastic Book Fair is coming to our school on **October 4th, 8th, and 15th, of 2018!**

It's a great opportunity for students to find books that really interest them. We know kids read more books when they get to choose their own. The more kids read, the more their reading skills improve.

We are inviting you to take part in our Book Fair Family Event taking place in the gymnasium from **4:30pm - 8:30pm**. Stop by before and after your Parent Teacher Conference and explore for books for the entire family! If for some reason you can't make it, or you want to continue shopping from an expanded selection, you can visit the Fair online at www.scholastic.com/fair

The Online Fair provides:

- The opportunity to purchase books from the Online Classroom Wish List
- Availability for an extended time and all orders ship **FREE** here to our school
- A chance for you and your child to create and send wish lists to invite friends and family to participate in the Book Fair
- An expanded selection for all ages - from preschoolers to adults
- Shopping by reading levels, grade levels, and price preferences

All in-school and Online Book Fair purchases benefit our school. **Thanks for helping get more kids reading, kids reading more!**

See you at the Book Fair!



UPCOMING EVENTS

PICTURE DAY

TUESDAY OCTOBER 9th, 2018 !

Look for more information on your child's Picture Day order form which will come home before




Friday October 6th, 2018!

Visit lifetouch.com for clothing suggestions, online payment details and more.

Lifetouch[®]
SCHOOL
PORTRAITS



New Additions at Birch Grove 2018



Stacey Benson	ESP/Instructional/Clerical
LaMonte Hall	ESP/SE Program/Clerical
Namkang Kue	ESP/Instructional
Alana Hardy	ESP/Instructional
Mai Lang Lor	ESP/SE Program
Chris Marinac	ESP/SE Program
Martina Passenheim	ESP Connect
Laurarelle Patterson	ESP Connect
Kaylord Saunders	ESP/Instructional
Ricki Williams	ESP/Instructional
Sharon Sarell	ESP/Connect/Kidstop
Brenda Bokusky	Manager/Kitchen
Angela Adelman	Social Worker
Jennifer Bauer	Connect Teacher
Jamie Benson	Teacher/Early Childhood
Catherine Cadenhead	Special Ed Resource
Dawn Christensen	Teacher - Band
Samuel Conner	DAPE
Peter Durow	Teacher - Vocal Music
Jaclyn Ewert	Connect Teacher
Ashley Hart	Teacher - 2nd Grade
Alison Modungo	Teacher - 3rd Grade
Jessica Newton	Special Ed/Early Childhood
Victoria O'Toole	ATPPS Coach
Rachel Valek	Teacher - 3rd Grade
Sara Preiner	TAG
Charles Watts	ESP/IT
Joan Lunceford	Resource Manager
Dr. Ronald Salazar	Principal

