

2022 September

Middle School Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	6	7	8	9
	Chicken Sandwich (Regular or Spicy)	Brunch For Lunch French Toast Flavored Muffin Chicken Sausage Patties	Pizza (Turkey Pepperoni or Cheese) Caesar Salad	Mac and Cheese Garlic Toast
	International	International	International	International
	Orange Chicken with White Rice Chicken Pot Sticker	Chicken Taco in a Bag	Penne Grilled Chicken Alfredo Breadstick	General Tso Chicken Lo Mein Noodles
	Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetable	Potato Patties Fresh Fruit Assorted Fresh Vegetables	Steamed Seasoned Broccoli Fresh Fruit Assorted Fresh Vegetables	Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables
	Manager Choice Grab and Go Sandwich	Manager Choice Grab and Go Salad	Manager Choice Grab and Go Sandwich	Manager Choice Grab and Go Salad
12	13	14	15	16
Chicken Tender (Regular or Spicy) Garlic Breadstick	Breaded Chicken Drumstick Mashed Potatoes Chicken Gravy Dinner Roll	Mini Chicken Corndogs Chips	Chicken Wing Day Salted Pretzel with Cheese Sauce	Build your own Beef Nachos (Beef Taco Meat / Cheese Sauce) Corn Tortilla Chips
International	International	International	International	International
Rotini and Beef Meat Sauce Garlic Breadstick Parmesan Spinach Alfredo with Tortilla Chips Fresh Fruit Assorted Fresh Vegetables	Italian Dunker with Marinara Sauce Caesar Salad Savory Green Beans with Onions Fresh Fruit Assorted Fresh Vegetables	Baja Beef Burrito Bowl with Flour Tortilla Cilantro Lime Rice Buttered Corn Fresh Fruit Assorted Fresh Vegetable Southwest Beans	Cheeseburger Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetable	Sesame Chicken with Fried Rice Vegetable Eggroll Oven Roasted Sweet Potatoes Fresh Fruit Assorted Fresh Vegetables Fresh Baked Cookie
Manager Choice Grab and Go Salad	Manager Choice Grab and Go Sandwich	Manager Choice Grab and Go Salad	Manager Choice Grab and Go Sandwich	Manager Choice Grab and Go Salad
19	20	21	22	23
Grilled Cheese Tomato Soup	Country Fried Beef Steak Mashed Potatoes & Country Gravy Dinner Roll	Brunch For Lunch French Toast Flavored Muffin Chicken Sausage Patties Potato Patties	Pizza (Buffalo Chicken or Cheese Pizza) Caesar Salad	All Beef Hotdog Curly Fries Baked Beans
International	International	International	International	International
Thai Sweet Chili Chicken with White Rice Chicken Pot Sticker Buffalo Cauliflower Fresh Fruit Assorted Fresh Vegetables	Penne Grilled Chicken Alfredo Garlic Toast Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables	Chicken Sandwich (Regular or Spicy) Oven Roasted Broccoli Fresh Fruit Assorted Fresh Vegetables	Beef Walking Tacos Buttered Corn Fresh Fruit Assorted Fresh Vegetables Black Bean Salad	Teriyaki Chicken Lo Mein Noodles Creamy Coleslaw Fresh Fruit Assorted Fresh Vegetables
Manager Choice Grab and Go Salad	Manager Choice Grab and Go Sandwich	Manager Choice Grab and Go Sandwich	Manager Choice Grab and Go Sandwich	Manager Choice Grab and Go Salad
26	27	28	29	30
Chicken Wing Day Salted Pretzel with Cheese Sauce	Cheeseburger	Chicken Bites Mashed Potatoes and Chicken Gravy Dinner Roll	Cheesy Beef Totchos Fritos	Mini Chicken Corndogs Chips
International	International	International	International	International
Rotini and Beef Meatball Marinara Garlic Breadstick Parmesan Spinach Alfredo with Tortilla Chips Fresh Fruit Assorted Fresh Vegetables	KC Mesquite BBQ Chicken Drumstick Cornbread Fritos Sweet Potato Fries Fresh Fruit Assorted Fresh Vegetables Baked Beans	Italian Dunker with Marinara Sauce Caesar Salad Mashed Potatoes and Chicken Gravy Fresh Fruit Assorted Fresh Vegetables	Spicy Szechuan Chicken Fried Rice Vegetable Egg Roll Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetables	Hearty Beef Lasagna Garlic Toast Savory Green Beans and Onions Fresh Fruit Assorted Fresh Vegetables
Manager Choice Grab and Go Salad	Manager Choice Grab and Go Sandwich	Manager Choice Grab and Go Salad	Manager Choice Grab and Go Salad	Manager Choice Grab and Go Sandwich

IN SCHOOL OFFERED DAILY:

Manager Choice of: Yogurt Parfait, or Peanut Butter or Sun Butter and Jelly sandwich

*In the event that school is closed due to inclement weather, the menu offerings from the initial day school is closed will be the offerings on the following school day.

This institution is an equal opportunity provider.