

2023 February
Middle School Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Brunch For Lunch French Toast Flavored Muffin Chicken Sausage Patties International Chicken Taco in a Bag Potato Patties Fresh Fruit Assorted Fresh Vegetables	Pizza (Turkey Pepperoni or Cheese) Caesar Salad International Penne Grilled Chicken Alfredo Breadstick Steamed Seasoned Broccoli Fresh Fruit Assorted Fresh Vegetables	Buffalo Mac and Cheese with Nashville Hot Chicken Garlic Toast International General Tso Chicken Lo Mein Noodles Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables
6	7	8	9	10
No School	Breaded Chicken Drumstick Mashed Potatoes Chicken Gravy Dinner Roll International Italian Dunker with Marinara Sauce Caesar Salad Savory Green Beans with Onions Fresh Fruit Assorted Fresh Vegetables	Mini Chicken Corndogs Chips International Baja Beef Burrito Bowl with Flour Tortilla Cilantro Lime Rice Buttered Corn Fresh Fruit Assorted Fresh Vegetable Southwest Beans	Chicken Wing Day Salted Pretzel with Cheese Sauce International Cheeseburger Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetable	Build your own Beef Nachos (Beef Taco Meat / Cheese Sauce) Corn Tortilla Chips International Sesame Chicken with Fried Rice Garlic Breadstick Oven Roasted Sweet Potatoes Fresh Fruit Assorted Fresh Vegetables Fresh Baked Cookie
13	14	15	16	17
Poppin' Flavored Popcorn Chicken Day Southern Style OR Nashville Hot Fritos International Thai Sweet Chili Chicken with White Rice Chicken Pot Sticker Buffalo Cauliflower Fresh Fruit Assorted Fresh Vegetables	Grilled Cheese Tomato Soup International Penne Grilled Chicken Alfredo Garlic Toast Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables	Brunch For Lunch French Toast Flavored Muffin Chicken Sausage Patties Potato Patties International Chicken Sandwich (Regular or Spicy) Oven Roasted Broccoli Fresh Fruit Assorted Fresh Vegetables	Pizza (Buffalo Chicken or Cheese Pizza) Caesar Salad International Beef Walking Tacos Buttered Corn Fresh Fruit Assorted Fresh Vegetables Black Bean Salad	Buffalo Mac and Cheese with Nashville Hot Chicken Garlic Toast International Teriyaki Chicken Lo Mein Noodles Creamy Coleslaw Fresh Fruit Assorted Fresh Vegetables
20	21	22	23	24
No School	Cheeseburger International KC Mesquite BBQ Chicken Drumstick Cornbread Fritos Sweet Potato Fries Fresh Fruit Assorted Fresh Vegetables Baked Beans	Chicken Bites Mashed Potatoes and Chicken Gravy Dinner Roll International Italian Dunker with Marinara Sauce Caesar Salad Mashed Potatoes and Chicken Gravy Fresh Fruit Assorted Fresh Vegetables	Cheesy Beef Totchos Fritos International Spicy Szechuan Chicken Fried Rice Chicken Potstickers Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetables	Mini Chicken Corndogs Chips International Hearty Beef Lasagna Garlic Toast Savory Green Beans and Onions Fresh Fruit Assorted Fresh Vegetables
27	28			
All Beef Hotdog Fritos Baked Beans International Poppin' Flavored Popcorn Chicken Day Southern Style OR Nashville Hot Fritos Garlic California Vegetables Fresh Fruit Assorted Fresh Vegetables Baked Beans	Chicken Sandwich (Regular or Spicy) International Orange Chicken with White Rice Chicken Pot Sticker Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetable			
Offered Daily				
Manager Choice Grab and Go Salad	Manager Choice Grab and Go Sandwich	Manager Choice Grab and Go Salad	Manager Choice Grab and Go Sandwich	Manager Choice Grab and Go Salad

IN SCHOOL OFFERED DAILY:

Manager Choice of: Yogurt Parfait, or Peanut Butter/Sun Butter and Jelly sandwich

This institution is an equal opportunity provider.